

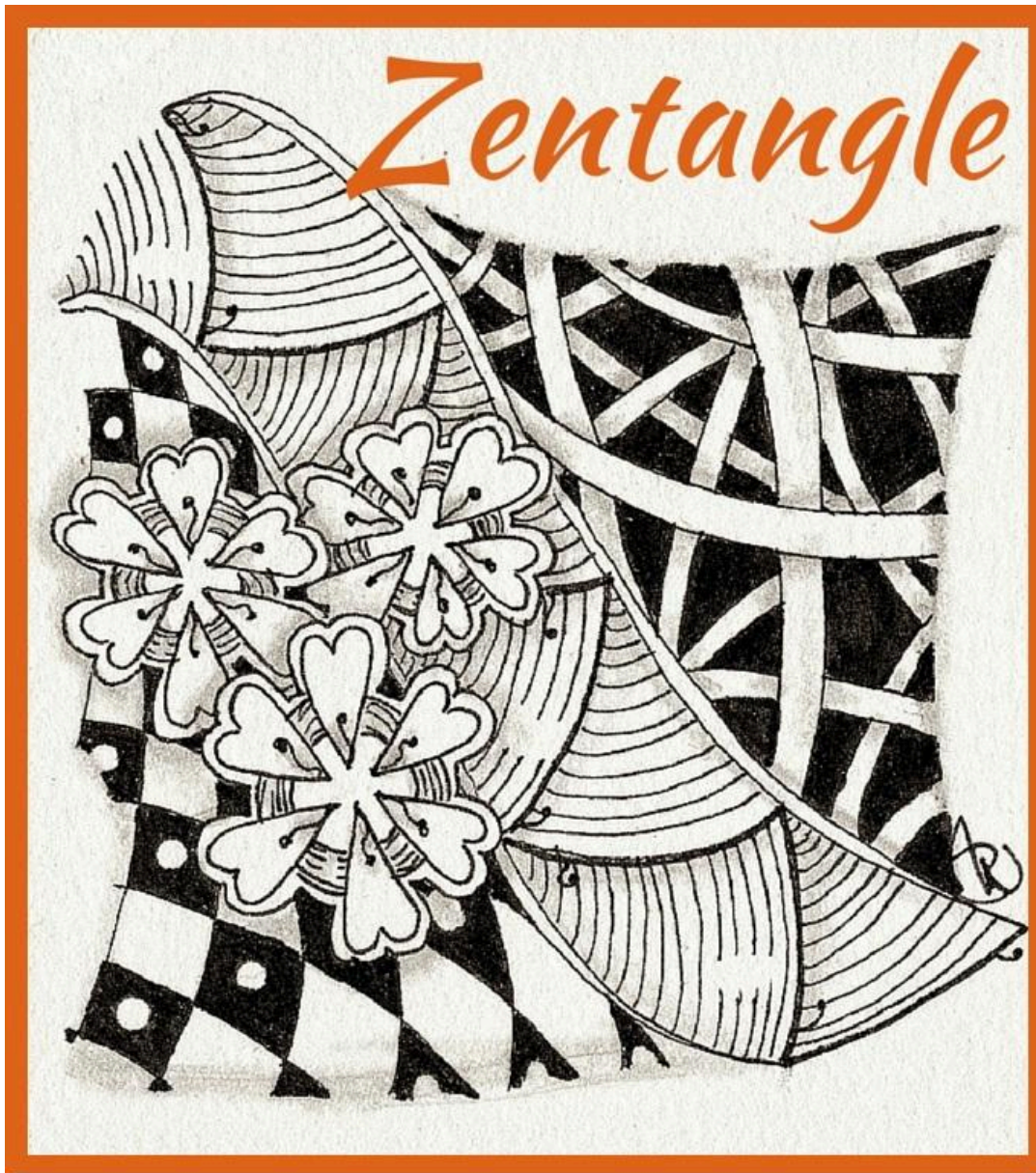
# Zentangle drawing technique

Instructions No. 3394

Difficulty: Beginner    

## Zentangle: Relaxation through Creative Drawing

Zentangle is a meditative method that brings pleasure with a pen not just to masters but is also ideal for beginners. You don't need any drawing skills to get started with Zentangle. In this guide, you'll learn everything important to get to know and apply this relaxing technique yourself. Perhaps Zentangle will become your new creative favorite?



## What is Zentangle?

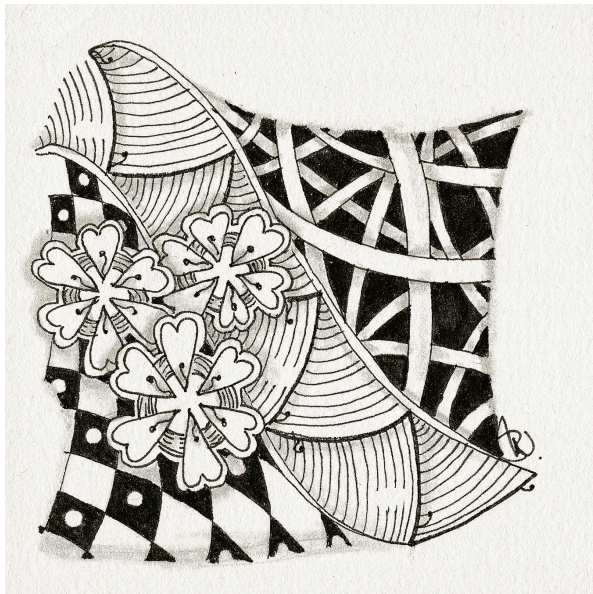
Zen is a term often used in connection with meditation and calm. But what does it have to do with drawing? Zentangle combines "Zen", meaning meditative immersion, with "Tangle", which means confusion or

mess. This special drawing technique is suitable for promoting relaxation and creativity without worrying about technical perfection.

### The Zentangle Method

Zentangle is like drawing for relaxation. You might know the feeling of being absorbed in doodling during a phone call or other everyday situations. This relaxed yet focused drawing is the Zen aspect in Zentangle. The patterns you create are Tangles – abstract, intertwined lines. Zentangle doesn't require special skills, but provides room for relaxation and fun. Existing books and templates help you find creative ideas for your Zentangle. The variety of patterns gives the method structure, making it usable for both beginners and experienced artists.

### How do I draw a Zentangle?



Zentangles are typically drawn on small tiles, known as Tiles. These tiles are made from thick artist paper, so the fineliner doesn't bleed through later. The process begins with sketching lightly with a [pencil](#). Rulers and erasers are usually taboo, as the natural imperfections give each Zentangle its own character. If you still want to make corrections, [kneaded erasers](#) are a clean and flexible solution. They also help create shadows and depths for added structure.

Start by sketching your Zentangle lightly with a pencil. Then, go over it with a [Zentangle fineliner](#) – these are artist pens with a fine, highly pigmented ink, perfect for clean tracing. Finally, you can add color to your Zentangle with [colored pencils](#). You can get even more variation with [black Tiles](#), which you can decorate with [white pens](#).

Also discover the [motif template Zentangle mug](#) in our online shop.



## Conclusion

The Zentangle method is easy to learn and perfect for transforming everyday doodles into structured artworks. Creative meditation offers a wonderful way to relax for all craft enthusiasts. The high-quality pens can be used not only for Zentangle but also for other creative projects – whether for cards, collages, or free drawings. Zentangle is a personal experience and should mainly serve for your own relaxation. The books are a great source of inspiration to develop new patterns and techniques.

Are you ready to start with Zentangle? Visit our online shop to purchase the necessary materials and start your creative adventure today!

Must Have



### Zentangle Fineliners Set of 3

● **9,99 €**  
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| 852364         | Eraser plasticine, set of 2                   | 1   |
| 23236          | Sakura Manga paper, 20 sheets, 250 g/m²DIN A5 | 1   |